Loaded Paper-Ball Throw

Overview: This is a fun way to review content from prior sessions or discussion in a participatory way. It is often used during a workshop of several days as a way to start the day or a new session which builds on prior discussions by collectively reviewing and re-energizing content.

Purpose: The Loaded Paper-Ball Throw is a way to re-introduce and refresh content discussed in a prior session with the participation of everyone in the room. It is fun, humorful and energizing. When one person can't remember something others can jump in so it become a collective knowledge process, enabling participants to integrate and present ideas into their own way.

Time: 20 - 40 minutes, depending on amount of content reviewed

Materials:

- Paper balls "loaded" with words - created before the activity begins.

Credit: Adapted from Youth Vision Zambia

Process:

- Ask participants, on entering the room, to pick up several scrunched up paper balls placed in the centre of the room. Don't explain why.

- In this version the paper balls are 'loaded' with key concepts from the previous day (e.g. power to, power with, power within, invisible power, visible power and hidden power). There are an equal number of balls for each concept so it acts as quite a thorough review.

- Once everyone has more than one ball, the facilitator says that they must now make as many points, reflecting on the previous day, as they have balls. Balls are thrown into the centre of the room whilst making the point.

- Summarise what has been said by reviewing the key concepts and responds to any outstanding concerns/questions.